



September Menu

Senior Lunch In Person on Mon. and Wed.

Salads served at 11:30 am and hot entrees served at noon.
\$6 suggested donation for ages 60+. \$10 for guests under age 60.



MONDAY

In-Person & Home Delivered



All menu items subject to change due to food cost and availability.

WEDNESDAY

In-Person & Home Delivered

September 2

French Dip w/ Swiss Cheese
Sweet Potato Fries
Spinach Salad
Dessert

FRIDAY

Home Delivered Only

September 4

Veggie Lasagna
in White Sauce
Roasted Baby Carrots
Ceasar Salad
Dessert



September 9

Beef Stroganoff
Egg Noodles
Chef's Veggies
Garden Salad
Dessert

September 11

Bacon & Broccoli Quiche
Roasted Potatoes
Garden Salad
Dessert

September 14

Cheese Ravioli
in Veggie Ragu
Italian Veggies
Ceasar Salad
Dessert

September 16

Ahi Tuna Salad
Vegetable Spring Rolls
Dessert

September 18

Chicken Strips w/ BBQ Sauce
Potatoe Wedges
Steamed Broccoli
Coleslaw
Dessert

September 21

Chicken Cordon Bleu
Roasted Red Potatoes
Honey Glazed Carrots
Garden Salad
Dessert

September 23

Lemon Pepper Cod
Vegetable Rice Pilaf
Brussel Sprouts
Spinach Salad
Dessert

September 25

Chef's Choice



September 28

Korean Beef Bulgogi
Basmati Rice
Asian Vegetables
Asian Slaw
Dessert

September 30

British Banger & Mash
Onion Gravy
Buttered Peas
Garden Salad
Dessert

