



July Menu

Senior Lunch In Person on Mon. and Wed.

Salads served at 11:30 am and hot entrees served at noon.
\$6 suggested donation for ages 60+. \$10 for guests under age 60.



MONDAY

In-Person & Home Delivered

WEDNESDAY

In-Person & Home Delivered

FRIDAY

Home Delivered Only



All menu items subject to change due to food cost and availability.

JULY 1

Pork Salsa Verde
Spanish Rice
Corn
Garden Salad
Dessert

JULY 3



JULY 6

Korean Beef Bulgogi
Jasmine Rice
Sauteed Squash
Asian Slaw
Dessert

JULY 8

Roasted Chicken
Au Gratin Potatoes
Green Beans
Garden Salad
Dessert

JULY 10

Lemon Pepper Cod
Rice Pilaf
Normandy Veggies
Garden Salad
Dessert

JULY 13

Chicken Enchiladas
Spanish Rice
Corn Salad
Dessert

JULY 15

Roast Beef w/ Mashed Potatoes
Buttered Dill Carrots
Garden Salad
Dessert

JULY 17

Crab Cakes
Rice Pilaf
Green Beans
Garden Salad
Dessert

JULY 20

Chicken Strips
Sweet Potato Fries
Steamed Broccoli
Garden Salad
Dessert

JULY 22

Salisbury Steak
Mashed Potatoes & Gravy
Peas & Carrots
Garden Salad
Dessert

JULY 24

Cheese Ravioli
Veggies
Garlic Bread
Caesar Salad
Dessert

JULY 27

Mac & Cheese
Italian Sausage Link
Steamed Veggies
Garden Salad
Dessert

JULY 29

Chicken ala King over Rice
Steamed Veggies
Garden Salad
Dessert

JULY 31

Denver Omelet
Roasted Potatoes
Orange Juice
Fruit & Yogurt Parfait