



January Menu



Senior Lunch In-Person on Mon. and Wed.

Salads served at 11:30 am and hot entrees served at noon.

\$6 suggested donation for ages 60+.

MONDAY

WEDNESDAY

FRIDAY



MEALS ON WHEELS 2

Chef's Choice



IN-PERSON LUNCH! 5

Hazelnut Crusted Chicken
Apple Demi-Glace
Mashed Potatoes
Vegetables
Dessert

IN-PERSON LUNCH! 7

Chili Dog
Potato Chips
Three-Bean Salad
Brownie

MEALS ON WHEELS 9

Country Fried Steak
Mashed Potatoes & Gravy
Peas & Carrots
Garden Salad
Dessert

IN-PERSON LUNCH! 12

Massaman Beef Curry
Carrots & Potatoes
Jasmine Rice
Spring Rolls
Asian Slaw
Mandarin Oranges

IN-PERSON LUNCH! 14

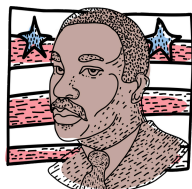
Turkey a la King
Over Egg Noodles
Focaccia Bread
Garden Salad
Dessert

MEALS ON WHEELS 16

Chicken Tenders
Baked Beans
Potato Wedges
Garden Salad
Dessert

CLOSED 19

Martin
Luther
King, Jr.
Day



IN-PERSON LUNCH! 21

Minestrone Soup
Herb & Cheese Toast
Points
Garden Salad
Cookie

MEALS ON WHEELS 23

Baked Cod
Rice Pilaf
Nantucket Vegetables
Garden Salad

IN-PERSON LUNCH! 26

Chicken Pot Pie
Garden Salad
Apple Crisp

IN-PERSON LUNCH! 28

Vegetable Lasagna
Garlic Bread
Caesar Salad
Dessert

MEALS ON WHEELS 30

Ham & Cheese Casserole
Vegetables
Garden Salad
Dessert

All menus subject to change due to food cost and availability.