

October Lunch Menu



MONDAY	WEDNESDAY	FRIDAY
<p>You are Invited!</p> <p>In-person lunches are hosted on Mondays and Wednesdays. Salads served at 11:30 am and hot entrees served at Noon. \$5 suggested donation for 60+.</p>	<p>In-Person Lunch! 2</p> <p>Salisbury Steak Mashed Potatoes Roasted Carrots Dinner Roll Garden Salad Fruit</p>	<p>Meals on Wheels 4</p> <p>Country Fried Steak Roasted Potatoes Green Beans Garden Salad Fruit</p>
<p>In-Person Lunch! 7</p> <p>Crab Cakes Rice Pilaf Steamed Vegetables Garden Salad Dessert</p>	<p>In-Person Lunch! 9</p> <p>Chicken Pesto Pasta Italian Veggies Garlic Bread Garden Salad Dessert</p>	<p>Meals on Wheels 11</p> <p>Macaroni & Cheese Chicken Sausage Capri Veggies Garden Salad Applesauce</p>
<p>Closed 14</p> <p>National Indigenous Peoples Day</p> 	<p>In-Person Lunch! 16</p> <p>Minestrone Soup Herb & Cheese Toast Garden Salad Cookie</p>	<p>Meals on Wheels 18</p> <p>Chef's Choice</p> 
<p>In-Person Lunch! 21</p> <p>Chicken Pot Pie Garden Salad Fruit</p>	<p>In-Person Lunch! 23</p> <p>Sloppy Joe Whole Grain Bun Potato Wedges Garden Salad Fruit</p>	<p>Meals on Wheels 25</p> <p>Chicken Tenders Baked Beans Potato Wedges Steamed Vegetables Coleslaw</p>
<p>In-Person Lunch! 28</p> <p>Turkey Meatloaf Mashed Potatoes & Gravy Steamed Vegetables Garden Salad Dessert</p>	<p>In-Person Lunch! 30</p> <p>Beef Massaman Curry w/ Jasmine Rice Spring Rolls Asian Slaw Mandarin Oranges</p>	

All menus subject to change due to food cost and availability.