

ALZHEIMER'S DISEASE CLASS

at the Orcas Senior Center:

**WHAT FAMILIES AND CAREGIVERS
NEED TO KNOW.**

May 16 at 1PM



On May 16 at 1PM, **Orcas Senior Center** will host a guest speaker, ***Ms. Sheila Snyder of Birch View Memory Care Community***. Ms. Snyder will discuss functional skills for **successfully** communicating with folks with Alzheimer's and for optimally coping with or managing memory and behavioral challenges. The class will focus on ways for **caregivers and companions to manage changes associated with Alzheimer's Disease** in the home.

The **90 minute class** is designed for those providing in-home care and **companionship to elders**, who have cognitive changes or Alzheimer's Disease. The class is open to members of the community. Admission is **FREE**, but please call the Senior Center at **360.376.2677** to reserve a seat. **THANK YOU!**